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Standard in development L5: Aesthetic Practitioner - Skin Rejuvenation Version 0.0

Title of occupation

Aesthetic Practitioner - Skin Rejuvenation

UOS reference number

ST1238

Core and options

No

Level of occupation

Level 5

Occupational maps data

Route: Hair and beauty

Pathway: Hair, Beauty and Aesthetics

Cluster: Advanced beauty therapy and aesthetics practitioner

Typical duration of apprenticeship

14 months

Target date for approval

30/09/2022

Resubmission

No

Would your proposed apprenticeship standard replace an existing framework?

No

Does professional recognition exist for the occupation?

No

Regulated occupation

Is this a statutory regulated occupation?

No

Occupational summary

This occupation is found in several sector environments, varying in size including small, medium and large employers. An Aesthetic practitioner specialising in skin rejuvenation can be employed within the non-surgical cosmetic sector including beauty industry, aesthetic industry and wellbeing and health industries, in a variety of salons, spas, aesthetic, medi-spa environments and clinics. Aesthetic practitioners will enter this occupation from a variety of professional backgrounds including beauty therapy, massage therapy, healthcare practitioners who will have a sound knowledge of anatomy and physiology.

The broad purpose of the occupation is to provide a range of elected skin rejuvenation procedures for clients or medically referred skin rejuvenation aesthetic procedures. These procedures include superficial and medium grade skin peels, micro needling, mesotherapy, light-based therapies, and combination intraepidermal procedures.

Aesthetic practitioners will understand and comply with legal and regulatory requirements and professional standards within their aesthetic practice. Aesthetic Practitioners will maintain a current

and valid First Aid at Work qualification or equivalent and be able to carry out the functions of Basic Life Support (BLS), infection control and complication management. They will complete consultations including client welfare assessments, skin evaluation and analysis, recording and maintaining records of procedures undertaken by clients, assesses plans and prepares for skin rejuvenation procedures, designs and implements procedure plans. They will also evaluate procedure outcomes and provide advice on post procedure maintenance and products and future procedures.

The aesthetic practitioner will continue to expand their knowledge and understanding of anatomy, physiology and pathologies in relation to skin health and skin rejuvenation, client welfare assessment behind client choice, referral and expectation management.

In their daily work, an employee in this occupation interacts with a number of internal colleagues, managers and a variety of external individuals such as clients and external professional networks.

An employee in this occupation will be responsible for independent working, providing correct skin rejuvenation procedures in a private, clean, secure, and safe environment.

Typical job titles

Advanced beauty practices therapist Advanced beauty therapist - aesthetics Aesthetic therapist - skin rejuvenation Aesthetics practitioner Dermal therapist Non- surgical cosmetic aesthetic non- surgical cosmetic practitioner Non- surgical cosmetic aesthetic professional Non- surgical cosmetic practitioner Skin rejuvenation practitioner Skin rejuvenation specialist Specialist advanced beauty practitioner

Are there any statutory / regulatory or other typical entry requirements?

Yes

Entry requirement label

An English regulated level 3 qualification in Beauty Therapy, level 3 apprenticeship in Advanced beauty therapy or Wellbeing Holistic Therapist apprenticeship or professional statutory regulated body equivalent regulated qualification.

Occupation duties

DUTY	KSBS
Duty 1 Implements health and safety management and infection control protocols for aesthetic procedures that meet legal and regulatory requirements and practice.	K1 K2 K3 K4 K5 K6 K7 K8 K11 K12 K13 K14 K15 K16 K17 K18 K19 K20 K22 K23 K26 K27 K28 K29 K30 K31 K32 K33 K34 K35 K36 K37 K38 K39 K40 K41 K42 K43 K44 K45 K46 K47 K48 K49 S1 S2 S5 S7 S8 S9 S10 S12 S13 S14 S16 S17 S18 S19 S20 S21 S22 S23 S24 S27 S28 B1 B2 B3 B4 B5
Duty 2 Completes a client welfare assessment, skin evaluation and analysis to inform an aesthetic skin consultation in order to formulate a personalised procedure plan and gain informed consent.	K1 K2 K3 K4 K5 K6 K7 K8 K10 K11 K12 K13 K14 K15 K16 K17 K18 K19 K20 K22 K23 K24 K25 K26 K27 K28 K29 K30 K31 K32 K33 K34 K35 K36 K37 K38 K39 K40 K41 K42 K43 K44 K45 K46 K47 K48 K49 K51 S1 S2 S3 S4 S5 S6 S7 S8 S9 S10 S11 S12 S13 S14 S16 S17 S18 S19 S20 S21 S22 S23 S24 S27 S29 B1 B2 B3 B4 B5
Duty 3 Records, maintains and stores, detailed procedure records in accordance with legal and organisational requirements.	K1 K2 K3 K4 K5 K6 K7 K8 K11 K12 K13 K14 K15 K16 K17 K18 K19 K20 K22 K23 K26 K27 K28 K29 K30 K31 K32 K33 K34 K35 K36 K37 K38 K39 K40 K41 K42 K43 K44 K45 K46 K47 K48 K49 K50 S1 S2 S3 S4 S5 S6 S7 S8 S9 S10 S11 S12 S13 S14 S16 S17 S18 S19 S20 S21 S22 S23 S24 S27 S28 B2 B4

DUTY**KSBS**

Duty 4 Assesses, plans and prepares for aesthetic skin rejuvenation procedures.

K1 K3 K4 K5 K6 K7 K8 K9 K10 K11 K12
K13 K14 K15 K16 K18 K19 K20 K22 K23
K24 K26 K27 K28 K29 K30 K31 K32 K33
K34 K35 K36 K37 K38 K39 K40 K41 K42
K43 K44 K45 K46 K47 K48 K49
S1 S2 S3 S4 S5 S6 S7 S8 S9 S10 S11 S12
S13 S14 S15 S16 S17 S18 S19 S20 S21 S22 S23 S24
S27
B1 B2 B3 B4

Duty 5 Designs and prepares the procedure plan and performs skin rejuvenation chemical peel procedures, singularly or as a course, to meet the objectives of a bespoke procedure plan.

K1 K3 K4 K5 K6 K7 K8 K9 K10 K11
K12 K13 K14 K15 K16 K18 K19 K20
K21 K22 K23 K24 K26 K27 K28 K29
K30 K47 K48 K49 K50 K51
S1 S2 S3 S4 S5 S7 S8 S9 S10 S11 S12
S13 S14 S15 S16 S25 S26 S27 S28 S29
B1 B2 B3 B4

Duty 6 Designs and prepares the procedure plan and performs skin rejuvenation microinjury using micro needling procedures singularly or as a course, to meet the objectives of a bespoke procedure plan.

K1 K3 K4 K5 K6 K7 K8 K9 K10 K11
K12 K13 K14 K15 K16 K18 K19 K20
K21 K22 K23 K24 K30 K31 K32 K34
K35 K36 K37 K47 K48 K49 K50 K51
S1 S2 S3 S4 S5 S7 S8 S9 S10 S11 S12
S13 S14 S15 S17 S18 S19 S20 S25 S26
S27 S28 S29
B1 B2 B3 B4

Duty 7 Designs and prepares the procedure plan and performs light-based skin rejuvenation procedures, singularly or as a course, to meet the objectives of a bespoke procedure plan.

K1 K3 K4 K5 K6 K7 K8 K9 K10
K11 K12 K13 K14 K15 K16 K18 K19
K20 K21 K22 K23 K24 K30 K33 K38
K39 K40 K47 K48 K49 K50 K51
S1 S2 S3 S4 S5 S7 S8 S9 S10 S11 S12
S13 S14 S15 S21 S25 S26 S27 S28 S29
B1 B2 B3 B4

Duty 8 Designs and prepares the procedure plan and performs mesotherapy skin rejuvenation using a intraepidermal procedures, singularly or as a course, to meet the objectives of bespoke procedure plan.

K1 K3 K4 K5 K6 K7 K8 K9 K10 K11
K12 K13 K14 K15 K16 K18 K19 K20
K21 K22 K23 K24 K30 K41 K42 K43
K47 K48 K49 K50 K51
S1 S2 S3 S4 S5 S7 S8 S9 S10 S11 S12
S13 S14 S15 S22 S23 S25 S26 S27 S28 S29
B1 B2 B3 B4

Duty 9 Designs and prepares the procedure plan and performs blemish removal singularly or as a course, to meet the objectives of bespoke procedure plan.

K1 K3 K4 K5 K6 K7 K8 K9 K10 K11
K12 K13 K14 K15 K16 K18 K19 K20
K21 K22 K23 K24 K30 K44 K45 K46
K47 K48 K49 K50 K51
S1 S2 S3 S4 S5 S7 S8 S9 S10 S11 S12
S13 S14 S15 S24 S25 S26 S27 S28 S29
B1 B2 B3 B4

DUTY

KSBS

Duty 10 Designs and prepares the procedure plan and performs skin rejuvenation using a combination of intraepidermal procedures, singularly or as a course, to meet the objectives of a bespoke procedure plan.

K1 K3 K4 K5 K6 K7 K8 K9 K10 K11
K12 K13 K14 K15 K16 K18 K19 K20
K21 K22 K23 K24 K26 K27 K28 K29
K30 K31 K32 K33 K34 K35 K36 K37
K38 K39 K40 K41 K42 K43 K44 K45
K46 K47 K48 K49 K50 K51
S1 S2 S3 S4 S5 S7 S8 S9 S10 S11 S12
S13 S14 S15 S25 S26 S27 S28 S29
B1 B2 B3 B4

KSBS

Knowledge

K1: Legal and organisational requirements: equality, diversity and inclusion, health, safety, infection control for aesthetic skin rejuvenation procedures, management of and safe use of products, storage, handling and disposal of skin rejuvenation products, tools and equipment, informed consent, storage and maintenance of client records, advertising and marketing.

K2: The scope, structure and requirements of the aesthetic sector: different types of role and organisations, business risk management and risk control systems, licencing and regulatory requirements, aesthetics standards quality assurance, voluntary and statutory requirements for professional practice.

K3: Ethical, environmental and sustainability principles relating to the provision of aesthetic procedures for skin rejuvenation.

K4: Organisational Standard Operating Procedures, procedural protocols and manufacturer's guidance for aesthetic procedures for skin rejuvenation.

K5: The science of microbiology in non-surgical aesthetic practice for skin rejuvenation: the skin microbiome and its importance, the effects of microbiome disruption, effects of probiotic, prebiotic and microbial-based skin rejuvenation on the skin microbiome.

K6: The science of pathology in non-surgical aesthetic practice for skin rejuvenation: skin morphology; inflammatory response; remodelling; skin aging effects on collagen, elastin, pigmentation; scarring; vascular changes; phases of skin healing.

K7: The science of biochemistry in non-surgical aesthetic practice for skin rejuvenation: biochemical pathways; collagen; elastin; glycation; hyaluronic acid; alpha hydroxy acids, beta hydroxy acids, lipids; ceramides; oxidation; wound healing.

K8: The science of biophysics in non-surgical aesthetic practice for skin rejuvenation: the skin's structural integrity and response to mechanical and thermal procedures, elasticity and viscoelasticity, hydration and barrier function; biomechanical changes.

K9: Principles of anatomy and physiology relevant for non-surgical aesthetic practise for skin rejuvenation: the structure and function of the body systems, the physiology of healthy skin, skin science, the pH scale and relevance to skin sensitivity, integrity and healing, the compromised barrier function and skin regeneration processes.

K10: How the skin morphology impacts on selection of procedures and procedure plans and alters due to age and genetics, disease, disorder, trauma, and environmental factors.

K11: Relative and absolute contraindications with presenting conditions and its impact on skin rejuvenation.

K12: The expected and potential adverse contra-actions of procedures, adverse effects, complications and risks, and the physical sensation that may occur.

K13: Processes for completing assessments with clients at different touch points to inform skin rejuvenation procedures skin and client consultation: client welfare assessment, lifestyle, declared medical status, skin evaluation and analysis to formulate personalised procedure plan.

K14: Approaches to address client concerns, expectations and desired outcomes against the procedure objectives in relation to what can be achieved.

K15: Theories that underpin the assessment of client's physical, psychological, and emotional suitability for the aesthetic procedures.

K16: The types of advice, choices, instructions given to clients and types of information sought including confirmation and consultation at different touch points of the service, preparation requirements of the client prior to the procedure, the expected and potential adverse contra-actions and the impact of client non-compliance with instructions.

K17: The purpose and content of administrative forms and plans completed for procedures: client consent forms, pre-procedure plans, procedure plans, procedure records and visual media.

K18: Approaches and uses of skin classification systems and skin assessment tools in skin rejuvenation.

K19: The types, uses, limitations, risks and impacts of regulated and non-regulated products, and their active ingredients, tools and equipment used in skin rejuvenation including topical anaesthetics and adjunctive topical skin products during the procedure.

K20: How and why, you should monitor the health, wellbeing and safety of the client pre, during and post procedure the procedure including skin reaction using dynamic risk assessments.

K21: The corrective actions and immediate intervention required when adverse reactions occur.

K22: Complication management and emergency plan implementation during procedures including Basic Life Support.

K23: How client skin should be prepared pre procedure and managed post procedure to control risks and maximise rejuvenation results.

K24: The requirements and purpose of interactions with healthcare and non-healthcare professionals including its impact on procedure delivery, referrals to professionals.

K25: The disciplines and services offered by other healthcare professionals and how these may impact the proposed procedure.

K26: The methodologies of intraepidermal chemical peel skin rejuvenation and the impact of client's skin characteristics, procedure objectives and the delivery of the procedure singularly or a course: very superficial, superficial, medium, deep.

K27: The techniques used for intraepidermal chemical peel skin rejuvenation: very superficial, superficial, medium.

K28: The benefits of intraepidermal chemical peel for skin rejuvenation: very superficial, superficial, medium.

K29: The necessary precautions that should be implemented for intraepidermal chemical peel for skin rejuvenation: very superficial, superficial, medium.

K30: The procedures that could be carried out in conjunction with skin peeling procedures and the associated risks.

K31: The principles of controlled inflammation and micro-injury procedures, and its relationship to wound healing stages, as a mechanism to achieve skin rejuvenation.

K32: The types, methodology, techniques, behind non-invasive skin rejuvenation procedures using 0.15mm nanoneedling and nano-infusion.

K33: The methodologies of different types of 1.5mm microneedling with and without preparation of the face and up to 2.0mm microneedling on the body.

K34: The techniques used for different types of 1.5mm microneedling: with or without preparation of the face.

K35: The techniques used for different types of micro needling up to 0.25 - 2.0mm: with or without preparation of the body.

K36: The impact of micro injury procedures and benefits gained using microneedling on the face and the body including the impact of needle depth, stitch frequency, procedure duration, practitioner techniques, devices, procedure frequency and duration on the procedures.

K37: The necessary precautions that should be implemented for micro injury procedures using microneedling on the face and the body.

K38: The methodologies and benefits of different types of light-based skin rejuvenation procedures and how it relates to an individual's skin characteristics and classification.

K39: The techniques used for different types of light-based skin rejuvenation procedures.

K40: The necessary precautions that should be implemented for light-based skin rejuvenation procedures.

K41: The methodologies of different types of mesotherapy procedures used to rejuvenate the skin and improve skin condition including the benefits gained.

K42: The techniques for mesotherapy skin rejuvenation using mesotherapy devices and activating solutions to rejuvenate the skin and improve skin condition.

K43: The necessary precautions for mesotherapy procedures that should be implemented when using mesotherapy for skin rejuvenation and to improve skin conditions.

K44: The methodologies for different types of blemish removal and the benefits gained.

K45: The techniques used for blemish removal.

K46: The necessary precautions that should be implemented for blemish removal procedures.

K47: How, when and why a combination of intraepidermal procedures are used and the benefits gained.

K48: The different combination of types of intraepidermal procedures that can be used for skin rejuvenation and how the choices relate to the client's skin characteristics and classification with and without preparation, singularly and as a course.

K49: The necessary precautions that should be implemented when a combination of intraepidermal procedures are used.

K50: Use of reflective techniques and feedback to plan professional development and to inform future procedures and recommendations.

K51: Strategies used to promote business growth, increase retail sales, and encourage clients to book additional procedures, procedures and services.

Skills

S1: Apply safe, ethical, environmental and sustainable procedures for aesthetic skin rejuvenation, in line with legal, regulatory and organisational requirements.

S2: Carry out client welfare assessments, skin evaluation and analysis to inform the skin consultation to ensure suitability of planned skin rejuvenation procedures.

S3: Consult clients on planned procedures including identification of absolute and relative contra-indications, client concerns, expectations, procedure objectives and desired outcomes to inform the skin rejuvenation procedure plan proposal, options and cooling off period.

S4: Conduct client skin assessments to ensure suitability of planned skin rejuvenation procedures using the skin classification system including suitability of skin products for priming in preparation for the procedure.

S5: Establish client approval for skin rejuvenation procedures and informed client consent of plans and instructions at different stages leading up to the planned procedure including confirmation of the plan, informing the client about potential and the expected contra-actions, potential adverse effects, complications and management of the risks of the proposed procedure, the physical sensation that may occur and options for pain management and client instruction and requirement for pre-procedure preparation.

S6: Liaise and refer to multi-disciplinary professionals.

S7: Create and maintain client records for skin rejuvenation procedures: consent forms, client welfare and skin assessments, consultation records, procedural records, photos of undertaken procedures.

S8: Produce skin rejuvenation procedure plans, using client consultation, assessments and information including a risk assessment plan.

S9: Prepare for procedures in line with organisational standard operating procedures (SOP), procedural protocols and manufacturer's guidance.

S10: Advise clients on how to control risk and maximise rejuvenation results with the correct pre and post procedure requirements considering lifestyle restrictions, appropriate products and ingredient actives.

S11: Maintain the client's comfort and safety and monitor skin reaction throughout the procedure, responding to expected and adverse reactions.

S12: Manage risk using dynamic risk assessment of workspace, procedure, and client.

S13: Create emergency plans for client skin rejuvenation procedures.

S14: Manage complications during skin rejuvenation procedures.

S15: Select and use products, tools, and equipment to conduct skin rejuvenation procedures: chemical peel, micro needling, light-based, mesotherapy, blemish removal, a combination of intraepidermal procedures.

S16: Conduct skin rejuvenation, using an intraepidermal chemical peel to suit the client's skin characteristics on the face and neck and the objectives of a bespoke procedure plan: very superficial, superficial.

S17: Conduct skin rejuvenation, using an intraepidermal medium grade chemical peel to suit the client's skin characteristics on the face and neck and the objectives of a bespoke procedure plan.

S18: Conduct non invasive skin rejuvenation on the face and neck to meet the objectives of the bespoke procedure plan: microexfoliation, infusion procedures.

S19: Conduct invasive skin rejuvenation micro injury procedures using micro needling for the face and neck, to meet the objectives of bespoke procedure plans: intraepidermal 0.25-1mm micro needling, intradermal 1-1.5mm micro needling.

S20: Conduct invasive skin rejuvenation micro injury procedures using micro needling for the body, to meet the objectives of bespoke procedure plans: intradermal 0.25-2mm micro needling.

S21: Conduct skin rejuvenation using light-based skin rejuvenation that suits the client's skin characteristics and meets the objectives of bespoke procedure plans.

S22: Conduct mesotherapy techniques to rejuvenate the skin, improves skin condition, and meets the objectives of bespoke procedure plans: non-invasive, minimally invasive.

S23: Conduct invasive mesotherapy techniques to rejuvenate the skin, improves skin condition, and meets the objectives of bespoke procedure plans.

S24: Conduct blemish removal procedures to suit the client's skin characteristics and to meet the objectives of bespoke procedure plans.

S25: Conduct superficial skin rejuvenation procedures using products, tools, and equipment required for a combination of intraepidermal procedures to suit the client's skin characteristics and to meet the objectives of bespoke procedure plans.

S26: Conduct invasive skin rejuvenation using products, tools, and equipment required for a combination of intraepidermal procedures to suit the client's skin characteristics and to meet the objectives of bespoke procedure plans.

S27: Provide the client with post procedure instructions and advice to prevent risk and maximise rejuvenation results in line with the procedure plan including suitability of different types of products on the skin, procedures that should be avoided, other lifestyle considerations.

S28: Use self-reflection, feedback and professional development activities to improve areas of personal performance for future skin rejuvenation procedures on clients and improve approaches to practice and client outcomes.

S29: Promote retail product sales and additional procedures and services.

Behaviours

B1: Work collaboratively with other professionals.

B2: Work professionally and ethically within own level of authority, responsibility and competence and recognises when to seek support or assistance.

B3: Embraces and values equality, diversity and inclusion, treating everyone with dignity and respect.

B4: Adapts communication style to the audience to build rapport and positive relationships with colleagues and the public.

B5: Embraces industry codes of conduct.

Qualifications

English and maths

Apprentices without level 2 English and maths will need to achieve this level prior to taking the End-Point Assessment. For those with an education, health and care plan or a legacy statement, the apprenticeship's English and maths minimum requirement is Entry Level 3. A British Sign Language (BSL) qualification is an alternative to the English qualification for those whose primary language is BSL.

Does the apprenticeship need to include any mandated qualifications in addition to the above-mentioned English and maths qualifications?

Yes

Other mandatory qualifications

Level 3 award or training and assessment in emergency first aid at work minimum 1 day course (face-to-face), carried out by either an awarding organisation, a UKAS accredited trade body or voluntary aid society recognised by government as specified in HSE document GEIS 3.

Level: 3

Consultation

Consultation was completed via survey monkey in April 2023 across the beauty, aesthetics, wellbeing and medical sector.

A total of 66 responses was received.

All feedback was reviewed and considered by the Beauty Professional Apprenticeship Steering Group , who made changes to the draft standard in light of the feedback.

Progression routes

Advanced Aesthetic Practitioner or Non- Surgical Cosmetic Practitioner Level 6. Non-Surgical Aesthetic Professional Level 6.

Supporting uploads

Mandatory qualification uploads

Mandated degree evidence uploads

Professional body confirmation uploads

Involved employers

Armonia Health & Wellbeing Salon Group National Dermalogica Kleek, Guinot, Mary Corh – UK and Ireland branch Hair and Beauty Industry Authority, National Hair and Beauty Federation, British Association of Beauty Therapy and Cosmetology, Federation of Holistic Therapist, Qualifi City and Guilds VTCT CIBTAC.

Subject sector area

7.3 Service enterprises